

**SADIK MASIH MEDICAL SOCIAL SERVANT
SOCIETY (REGD.)**

ANNUAL REPORT

2014 to 2015

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THE ORGANIZATION – In Brief

The Sadik Masih Medical Social Servant Society(SMMSSS) promotes community action to ensure that women and children in their respective geographic locations can claim a better future, the freedom to express, freedom to experience at leisure and claim their ‘Right’ to be heard.

Children impact lives.

Vision

Human dignity with professional skills to empower individuals

Mission

Socio-economic development with Positive Social Change empowers communities.

SMMSSS model initiatives are essentially low-cost, capable of implementation anywhere and may be scaled-up to achieve wider impact. The success stories, individual achievements relating to SMMSSS initiatives have received acclaim, recognition and awards by both the State and National government and have been documented for further reference.

SMMSSS Initiatives

1. Vocational training
2. Health
 - i. Free Tuberculosis treatment at the SMMSSS – DOT’s Center established 2004.
 - ii. Organised health camps covering over 3000 beneficiaries.
3. Nutrition & Food
4. Skills training for livelihood and job placement
 - i. **Training for Improved Retail Marketing**
 - ii. **Domestic BPO**
 - iii. **Medical/Sales Representative**
5. Homes for the homeless & destitute – responsible for 05 Night Shelters in East Delhi
6. SHGs (Self Help Group)
7. Awareness activities
8. Education.

Honoured with

1. **State Award 2008 and**
2. **National Award 2012.**
3. **Honored by Delhi Government and Government of India for operating a DOTS Centre with steady, quality services and continually improved results.**

On-going Activities in Brief

The **Gender Resource Center (GRC)** has been functioning from October 30, 2008 and is an on-going programme. It was developed in collaboration and support of the department of **Woman & Child Development**, Government of Delhi. The SMMSSS - GRC Centers run simultaneously from Chilla, Dallupura and Kotla villages coming within the Trilokpuri area.

Activities under **GRC**

1. Vocational Training
 - a. Knitting
 - b. Tailoring
 - c. Beauty Culture/ Beautician's Programme – Course of 6-month duration.
 - d. IT/Computer Application Basic Course – 6-month duration
2. Microfinance Activities/formation of Self-help Groups (SHGs) for women and young adults in the age-group 18+ from the local communities to cover basic concepts, record keeping, bank linkages, meetings, passing resolutions, and related issues.
 - a. Training in micro-finance
 - b. Savings and Thrift
 - c. Exposure visits to explain the concept and functioning of SHGs and promote interaction with other groups and institutions.
 - d. New and better livelihood opportunities
 - e. Course Content
 - i. Entrepreneur business Skill Concept
 - ii. Opportunity guidance on selected project
 - iii. Some common start up problems
 - iv. Product packing, costing and pricing working capital management
 - v. Facilitating on fund management
 - vi. General banking procedure, basic book keeping and accountant
 - vii. Hand on experience on operation of working project
3. Legal Awareness Generation

The aim of this activity is to create awareness in the community especially women about their legal '**Rights**', and that of their children and families, making available, accessible, effective solutions, alternatives and legal aid
4. Medical Camps – with over 3000 beneficiaries
5. Non-formal Education for school drop-outs and bringing them back to the mainstream of life through the open university format with over 200 beneficiaries
6. Nutrition Awareness

The chief **objectives** of Nutrition Camps are

 - a. To sensitize women and their families regarding their nutritional needs and the importance of inculcating healthy eating habits through easy to cook, delicious and affordable meals.

- b. To address the problem of malnutrition in the community.
- 7. Information Desk
- 8. Awareness regarding new initiatives
- 9. Enrollment for initiatives
- 10. Verification of beneficiary details Processing
- 11. Forwarding of proposals to DRC/Dept
- 12. Grievance re-addressed.

- ✓ IT/Computer Application (Duration 6th month)
- ✓ Beauty Culture Training (Duration 6th month)

Trained beneficiary figure during the year 2015-2016

S. No	Name of the trade	No. of Beneficiary trained
1	IT/Computer Application (Duration 6 th month)	102
2	Beauty Culture Training (Duration 6 th month)	102

Objectives:

- ✓ Generate employment opportunities.
- ✓ Impart demand driven short-term training in consultation with industry.
- ✓ Establish linkages with industry for placement.
- ✓ To build self reliance& commitment for training, ensuring the continuity of services and efficiency in the use of local resources.
- ✓ Provide backward and forward linkages for skills and market avenues Establish linkages with banks, financial institutions and agencies.

Trained beneficiary figure during the year 2014-2015

	Name of the trade	NO. OF Beneficiary trained
1	IT/Computer Application (Duration 6 th month)	102
2	Beauty Culture Training (Duration 6 th month)	105

Formation and strengthening of SHGs

Self Help Groups worldwide have become symbols of the collective power of women. Strong and active SHGs become strong advocacy groups for taking up issues of the individual and the community and are the voice of the unheard and silent communities. SHGs have also evolved into successful micro-enterprise groups. SHGs are powerful agents of change, as proved successfully by the experiments of the Delhi Government with the CAPAM Award winning Stree Shakti Programme. Delhi had already successfully harnessed the power of the collective woman strength in its various programmes and the utilization of the Gender Resource Centres for Mission Convergence Programme was but a logical step in the right direction. Establishment and strengthening of SHGs was but a natural step towards empowering women in the marginalized communities.

SHGs are powerful agents of change, as proved successfully by the experiments of the Delhi Government with the CAPAM Award winning Stree Shakti Programme.

- Target Groups:** Women residing in the community over the age of 20 years
- Enrollment:** Each year they must enroll a minimum of 5-7 SHGs with 15-20 members in each group and mentor them
- Training:** Training to be imparted to SHG Workers and SHG members on basic concept, record keeping, bank linkages, meetings, passing resolution, institutionalizing meetings and so on. Exposure visits for SHGs are organized so that they have a better understanding of the concept and functioning of SHGs.
- Establish Linkages:** With local banks. With National Pension Scheme. With District Marketing Federation

Detail of SHGs under GRC-SSSK Project -2014-15

S.No.	SHG Name	Location	Formation Date	Bank Name and Branch	Total Members	Total Savings	Grade
1	Pragati	15-16 ,Block Trilokpuri	11/8/2009	PNB-TRILOKPURI	11	58,300	A
2	Jyoti	6 Block Trilokpuri	14//9/2009	PNB-TRILOKPURI	20	1,07,000	A
3	Ashakiran	Kotla Village	10/2/2012	PNB-TRILOKPURI	17	61,200	A
4	Saraswati	5 Block Trilokpuri	1/7/2010	PNB-TRILOKPURI	20	90,000	A
5	DhanLaxmi	10 Block Trilokpuri	8/11/2010	PNB-TRILOKPURI	10	0	A
6	Maha Shakti	12 Block Trilokpuri	20/5/2011	PNB-TRILOKPURI	13	40,300	B
7	Chetna	1 Block Trilokpuri	1/2/2010	PNB-TRILOKPURI	15	0	C
8	Shakti	8 Block Trilokpuri	2/12/2009	PNB-TRILOKPURI	10	0	C
9	VaibhawLaxmi	8 /A -DDA - Block Trilokpuri	30/1/2010	PNB-TRILOKPURI	20	95,200	C
10	Amar jyoti	Extra -8 Trilokpuri	9/4/2010	PNB-TRILOKPURI	17	94,400	A
11	Naidisha	Extra -8 Trilokpuri	17/9/2010	PNB-TRILOKPURI	11	44,600	A
12	Jagriti	Extra -8 Trilokpuri	19/10/2010	PNB-TRILOKPURI	12	40,600	A
13	Sandesh	5 Block Trilokpuri	5/11/2011	SBI-TRILOKPURI	12	34,800	A
14	Khushi	Extra -8 Trilokpuri	10/2/2011	SBI-TRILOKPURI	11	41,600	A
15	Muskan	1 Block Trilokpuri	27/1/2011	SBI-TRILOKPURI	14	53,200	A
16	Sathi	3 Block Trilokpuri	21/1/2012	SBI-TRILOKPURI	12	29,700	A

17	Pratibha	4 Block Trilokpuri	14/9/2011	SBI-TRILOKPURI	17	63,900	B
18	MauryaMahila	2 Block Trilokpuri	14/9/2011	SBI-TRILOKPURI	13	46,800	A
19	Ruhe	15-16 Block Trilokpuri	15/10/2011	SBI-TRILOKPURI	12	33,500	A
20	Prayas	24 Block Trilokpuri	16/2/2012	SBI-TRILOKPURI	12	38,900	A
21	Roshini	10 Block Trilokpuri	13/4/2012	SBI-TRILOKPURI	15	25,300	C
22	Lakshya	11 Block Trilokpuri	13/4/2012		13	47,800	C
23	Josh	6 Block Trilokpuri	13/4/2012	SBI-TRILOKPURI	20	69,000	C
24	Ekta	Extra -8 Trilokpuri			14	0	C
25	Samriti	15 -16 Block Trilokpuri	6/5/2013		20	16,500	C
26	Jagori	7 Block Trilokpuri	20/5/2013		10	0	C
27.	OM	12, Block Trilokpuri		SBI Trilokpuri	11	7,700	C

SadikMasih Exposure Visit during the year 2014 -15to Small Scale Industries Okhla

Objectives of Exposure Visit

- This visit improved the concept of SHG to SHG members about self earning and improves their standard of living.
- Self employment generation among aspiring entrepreneurs.
- Learn sustainable access to financial services.
- Integrate support by way of providing hands on training on working projects.
- To Increase the knowledge about better understanding of the concept and functioning of SHG.
- To promote the positive behavior about micro-finance.
- To promote the Briefing on the SHG, about Savings and Credit.
- To increase the knowledge and awareness about market exposure.
- To increase the knowledge and awareness about market exposure.

- Behavior change of members.
- To motivate the beneficiaries for developing the income generating skills.
- To linked with product making agencies

Education

Illiteracy or low levels of literacy are a major impediment in the reach and success of any social development programme as the comprehension and acceptance levels of the community are impacted by their literacy levels. The women especially are victims of ignorance and are easy targets for exploitation. SSS has its focus firmly on raising functional literacy levels of the community especially the women through non-formal education. **SadikMasih –GRC-SSSK running the NFE Centre since 2009 , in this context we motivate the community women and children to get the education through this medium.**

Objectives

Adult Literacy: Impart adult literacy to the women of the target community through **adult literacy** classes

Mainstreaming of non-school going and school dropout children of the target community into formal school system (regular schools, open schools, etc.) through Non Formal Education

Prevent dropouts of school-going children by providing support to them through **Remedial Education**.

Target Groups :Women over 16 years of age who have never attended schools or are dropouts for adult literacy classes from the vulnerability data. Remedial education to primary school-going children preferably who have been mainstreamed.

Legal Awareness & Assistance

Legal awareness and legal aid forms an important component of the gender empowerment intervention programme under GRC-SK. Women in the vulnerable communities are open to the worst forms of deprivations and rights abuse in absence of either knowledge or access to redressed mechanism. Legal awareness facilitates women's march towards enlightened and aware existence. The GRC-SK must focus on inclusion of community women in the programme by encouraging them to come out of their homes and report cases of atrocities, violence, discrimination and other crimes against women rampant in the community. Awareness generation and outreach for legal services provided through the GRC-SK is the responsibility of the GRC-SK. As such, all GRC-SK staff must be aware of issues pertaining to women's rights and welfare and basic laws safeguarding women's rights. Formal tie-ups with organizations providing legal aid, like Delhi Commission for Women (DCW), Human Rights Law Network, Lawyers' Collective and others was established. Through **Sadik Masih GRC-SSSK**, the main aim of this activity is to create awareness among the community specially women about their legal rights, and that of their children and family and provide them free legal aid.

Establish Linkages: A partnership has been worked out with Delhi Legal Services Authority (DLSA) to provide quality legal service through the GRC-SK. The objective of the partnership is to help educate weaker sections of community about their rights, and provide them information about entitlements available under various schemes and programmes and help them avail it. **Mahila Panchayats** facilitated by the **Delhi Commission for Women** are working on issues of women's rights, empowerment and protection and their help can be sought for resolution of domestic/family disputes..

SADIK MASIH – GRC-SSK, CONDUCTED LEGAL AWARENESS AND COUNSELLING DURING THE YEAR -2014-15

Legal component		
Legal group awareness session (Total No. of beneficiaries covered)	Legal Awareness under Individual Counseling(No. of beneficiaries covered)	No. of cases refer to DLSA/other stakeholders
211	53	12

Health

Nature of Camp: The health camp is for general health check-up with focus on women related ailments and check-ups and screening of RTIs, STIs and related cases.

The primary focus of this component is to sensitize women towards their health needs and to promote health seeking behavior in them by holding regular medical camps in the community. Women in the target areas by and large neglect their health and through this activity SSS aims to provide focused health care awareness and intervention at the community level and link it with government services for primary, secondary and tertiary health care. It also endeavors to focus on preventive health care and community medicine.

The main **objective** of the programme is to generate awareness on health issues and provide primary health care services to the vulnerable community with focus on women and the **target focus group** for the component are vulnerable families residing in the community as identified in the survey especially women and children. But as far as entitlements to government schemes are concerned even men falling under the vulnerable category are to be facilitated for accessing the provisions. Efforts must be made by GRC-SK to establish linkages with the Delhi State Health Mission, Primary Health Centres, Aanganwadi and Asha workers. Linkages must be made with DHS for medicines

DETAILS OF HEALTH CAMP & OPD DURING THE YEAR -2014-15

HEALTH CAMP (Total No of Beneficiaries)	HEALTH CAMP (Total No of Beneficiaries)
1573	1251

Key Focus Area :SadikMasih GRC-SSSK participated in all the government run health initiatives – like immunization, Pulse Polio, Dengue, TB, AIDS awareness campaigns, health and sanitation drives, pre and post natal care, etc. are required to promote sex education for adolescents in order to check the morbidity due to STD, RTI and HIV/AIDS cases, create awareness in the community to prevent female feticide and raise status of the girl child. They must also promote family planning actively in the community.

Tie-up with Specialists: SadikMasih – GRC-SSSK, depending on the need of the area, a specialist can be called in the health camp, we organized theme based activity through specialist hospital can be engaged to deliver free special camp services like disability detection/certification, RCH camp, cancer detection camp, eye camp, heart check-up camp, physiotherapy, etc

Key Activities (THROUGH GRC-SSSK – SADIK MASIH)

The activities undertaken by the SadikMasihGRC-SSSK under the Health Component are as follows:

- (1) OPD Clinic – Fortnightly (two in a month) In case a GRC-SK wishes to undertake more than 2 OPDs, they are free to do it with help of effective linkages however they will only be paid for the 2 OPDs by SSS as approved in the budget.
- (2) Health camp – Six (at least six theme based camps are to be held in a year)
- (3) Counseling for adolescents

Nutrition

In any woman-centric programme nutrition cannot be ignored, as data shows that a large number of women suffer from a number of nutritional deficiencies. **TheSadik Masih GRC-SSSK** targeted on women of the community with focus on pregnant women, lactating mothers, adolescent girls and elderly women to get to them the benefits of better nutrition.

Objectives

The chief **objectives** of Nutrition Camps are:

- To sensitize women and their families regarding their nutritional needs and inculcate healthy eating habits through easy to cook, tasty and affordable recipes.
- To address problem of malnutrition in the community.

DETAIL OF NUTRITION CAMPS2014-15

Nutrition		
1	Number of camp	12
2	Total Beneficiaries	342

Target

The nutritional camp must address adolescent girls, young women, pregnant and lactating mothers and elderly.

Periodicity

One camp per month of 3-4 hours duration.

Location

The nutrition camp will be held at a location within the community (but not at the GRC-SK office). The camp must be held in different location each time to cover all the clusters in the jurisdiction area of the GRC-SK. The location of the nutrition camp must be a clean and hygienic place and proper hygiene practice to be followed during preparation of recipes. This is non-negotiable.

Activities to be undertaken in Nutrition Camps

IEC: Sensitization of population on problems related to unbalanced diet such as, deficiency of calcium, iodine, vitamins, protein, sugar, etc

Demonstrate Low Cost Recipes: Demonstration of low cost recipes developed keeping in mind food habits, economic and health status of the target population, by nutritionist.

WASH

DEATIL OF ACTIVITY UNDER WASH PROJECT DURING THE YEAR -2014-15

S.No.	Name of the activity under WASH	Frequency	Achievement till March. 2014
1	Capacity building on Water & Sanitation issues	Quarterly one training at each GRC.	12
2	Water & Sanitation awareness generation	Monthly Two awareness session in one GRC	26
3	Celebration of important day	Celebration of important days	3
	Mass cleanliness drive	Two mega event on water and sanitation	2
4	Formation of Group on Wash	Four Group in a year at each GRC	4

Objectives of World Water Day To motivate to the community about on enhancing knowledge about the importance of safe, sustainable and management of drinking water .

@ To Increase the knowledge about several severe diseases which counts deaths of thousands human being are directly related with water borne diseases.

@ To motivate to the community about Diarrhea , because of due to Diarrhea alone causes more than 1600 deaths each day in India.

@ To pass out the message to the community from Water Day Celebration Keeping in mind the need and significance of fresh water, Nowadays, safe drinking water is one of the emerging problems. We motivate to the community to utilization proper and sustainable use of water.

@ Through Water Day Celebration we pass out the message and approach to drag the attention of the community people and encourage them to play a vital role in the promotion of activity related to safe water.

@ We share the some important tips how we can use clean and safe water for daily basis use of water.

- a) Information about collection and uses of Chlorine tablets/powder
- b) Boiling of water
- c) Filtration of water through cotton clothes etc.
- d) Storage of water in clean containers

@ Nowadays, the wastage of water is emerging concern so we took one hour session regarding this issue and motivate to the participants

AWAZ UTHAOO PROJECT

SADIK MASIH GRC-SSK RUNNING THE AUC SINCE 2011-12 , NOW SADIK MASIH ONLY ONE GRC IN EAST DISTRICT WHO ACHIEVED THIS PROJECT AND RUN SUCCESSFULLY.

Formation of Women's Collectives under "AwazUthao" Campaign

Department of Women and Child Development with NGOs recently conducted the survey and found that nearly 80 percent of Delhi women fear for their safety in the city. Total 5,010 people (including 3,816 women and 944 men) were covered under the survey covering bus conductors, shopkeepers and auto drivers, who have a probability of witnessing acts of sexual harassment against women.

It also came out that “Nearly three out of every five women reported facing sexual harassment not only after dark but also through the daytime. But it is a good sign that 68 percent of the women deal with harassment in some way like confronting the perpetrator or seeking help from family and friends,” plus public transport, buses and roads with faulty street lights are the spaces where women and girls face a high level of sexual harassment.

This was the realization that there are laws and mechanism to deal with the problem but until and unless the communities come together to address the issues – the problem will not be solved on the basis of this realization, WCD of GNCTD came forward to initiate a new program focusing on “To make the city safe for women”.

WCD of GNCTD has taken initiative to launch a campaign “AwazUthao” and forming the Women’s Collectives, SamajikSuvidhaSangamMission Convergence will be the Implementing agency for the formation of Women’s Collectives at grassroots level to support the women in distress, including situations of Sexual harassment / assault and rape. These collective would not only support the victim rather also majorly work on the preventive measures for the crime of this nature.

DETAIL OF ACTIVITIES CONDUCTED UNDER AWAZ THAOO CAMPAIGN DURING THE YEAR 214-15

AwazUthaoCampaign		
Total no. of beneficiaries covered under group meetings	Total no. of Public meeting conducted	Total no. of beneficiaries covered under public meetings
1778	1	543

Following activities shall be under taken “AWAJ UTHAO CAMPAIGN” THROUGH SADIK MASIH GRC-SSK

1. Conducting community meetings and other regular meetings with stakeholders etc...
2. Formation of Women’s Collective and Stake Holders Committee in the catchment area of each involved GRC.
3. Awareness raising through different media like posters, plays (nukkadnatak).
4. Facilitating the process of safety audit and organizing safety walks in the catchment area.
5. Liaise with other stakeholders.
6. Coordination with consultants and supervisors in forming the stakeholders committee.
7. Capacity building of the groups.
8. Documentation of all process and activities and its regular reporting.
9. We organized nukkadnatak on the sexual harassment issue.
10. Organizing public events and follow up.
11. Training of both male and female representatives to monitor the community for cases of violence.
12. Self Defense training attended by 102 women.

Home for Homeless Shelter Activities

We are working for the Homeless people in (1) Chilla Village behind Fire Station, (2) Opp. Metro Station Mayur Vihar Phase-1,(3) Chilla Yamuna Khadar,(4) Chand Cinema, Kalyanvas Temporary NIGHT SHELTER and Permanent (5) BastiVikas Kendra Block No. 31 Extra Trilokpuri Delhi-91, (6) Mulla Colony, Gazipur near-police Sation and Approx 28,000 to 31,000 Homeless took benefit from this activity East Delhi from December-2011 to till Date, with DUSIB (Delhi Urban Shelter Improvement Board) Delhi Govt. and these activities so many Homeless people took benefit from this.

Schemes Minority Welfare Awareness Camps

This awareness camps we have done different places of Delhi. This camps organized by **Sadik Masih Medical Social Servant Society** with the support of **Delhi Minority Commission, Govt. of NCT of Delhi.**

1. We have organized camp at St. Mary's Sr. Sec. School Mayur Vihar Phase-3, Delhi-96. on 05/07/14.
2. We have organized camp at St. John The Baptist Church Aya Nagar Phase- 1, Delhi. on 06/07/14.
3. We have organized camp at Sahoday Sr. Sec. School Huaz Khas New Delhi. on 27/07/14.

Free Computer Training Course for Minority Community

Free Computer Training Course in Z-99, Aaya Nagar Ph-5, New Delhi, this course running with Support of **Delhi Minority Commission Govt. of NCT of Delhi** and **Sadik Masih Medical Social Servant Society.**

Skill Trainings Programmes

We are running (1) **Retails Training** (2) **Domestic BPO** (3) **Medical Sales Representative** (4) **Delivery Boys for Food Chain Industries and Mall's** (5) **General Duty Assistant (GDA)** and **Nursing Orderly** in Hospital at Sunder Nagari and Trilokpuri, East Delhi Jointly with IISD and VedhantaMedicity Gurgaon and Ministry of HRD.

[DOT'S Center's \(Free Tuberculosis Treatment\) from 2004 to till now and we have got State Award 2008 and National Award 2012.](#)

1. Morning DOTs Center in Block No. 09, BastiVikas Kendra Trilok, Puri Delhi-110091.
2. Evening DOTs Center in BastiVikas Kendra Block No. 31, Ext. TrilokPuri Delhi-91.

DOTs Program:-This program running by our Ngo for the 11 years for the poor & needy people. We have done Cured & Complete Treatment, 207 in Morning Dots Center, 183 in Evening DOTs Center.



Mahila Panchayat (Delhi Commission for Women Delhi Govt.)

Mahila Panchayat in Dallupura Village Delhi-96. This project running jointly by **Delhi Commission for Women Govt. of NCT of Delhi** and **Sadik Masih Medical Social Servant Society**.

Vinay K. Stephen

(General Secretary)

FOR SADIK MASHI MEDICAL SOCIAL SERVANT SOCIETY (REGD.)

For additional detailed information please refer to www.sadikmasihindia.org.in or write to us